

# Routine

## Toilet Time

Go through the same door, go to your potty spot, as they squat say "Go potty!" and reward after

## Meal Time

Feed by hand, interactive feeder, training session, or use meal to help create a positive socialisation experience

## Exercise Play or Socialisation

Human play, fetch, tug, walk, or positive socialisation or exposure experience

## Potty Time

Go through the same door, go to your potty spot, as they squat say "Go potty!" and reward after

## Alone & Sleep Time

Give your puppy something special such as a Kong or a chew in a quiet, safe area

Structure will help your new puppy feel secure and know what to expect. The best way to do this is to create and stick to a routine.

The first few weeks with your new puppy you want to establish good behaviors. Having a routine makes life easier for the entire family!



[www.fidoandfriends.nz](http://www.fidoandfriends.nz)



# Daily Routine

## Mix & Match



### Physical Enrichment

- Sniffari
- Hide & seek
- Digging
- Tug
- Ball play
- Play date with safe dogs
- Flirt Pole
- Urban Agility
- Swimming

### Mental Enrichment

- Tearing up a box
- Ball pit
- Food puzzles
- ACE free work
- Scavenger hunt
- Treat Tournament
- Muffin Tin
- Something frozen
- Towel rolls
- Chews & Lick Mat

### Training

- Loose Leash Walking
- Recall Training
- Go to ...
- Target Training
- Trick Training
- Polite Greetings
- Essential Skills

### Socialization & Exposure

- New Environments
- Sounds
- Textures
- Car Rides
- Water
- Grooming and handling
- Parks
- Outside a dog park

